

MURDOCH UNIVERSITY

POSTGRADUATE CLINICAL PROGRAMS

MASTER OF APPLIED PSYCHOLOGY

DOCTOR OF PSYCHOLOGY

COMBINED MASTER OF APPLIED PSYCHOLOGY/PHD.

PROGRAMS FOR 2008

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MURDOCH UNIVERSITY

SCHOOL OF PSYCHOLOGY

INTRODUCTION

Murdoch is a dynamic, modern university with a flexible outlook. Home to nearly 14,000 students and 1,400 staff from every racial, ethnic and social group in Western Australia, we also host more than 2600 overseas students from about 80 different countries. Murdoch opened in 1975, and was the second university to be established in Western Australia. It was set up as an institution committed to excellence in teaching and research, as well as to the flexibility of attitude and delivery which encouraged the concept of true equality in education. The university was named after Australian academic and essayist, Sir Walter Murdoch, who embodied these characteristics. Psychology was established at Murdoch during the very early years of the University.

The School of Psychology is part of the Division of Health Sciences (which includes Veterinary and Biomedical Sciences, Chiropractic, Nursing and Pharmacy) and is physically located on the South Street campus in the Social Sciences Building.

POSTGRADUATE CLINICAL PROGRAMS

The School of Psychology at Murdoch University offers a postgraduate clinical program leading to the qualification of a Master of Applied Psychology (MAppPsych.) (2 years full-time or part-time equivalent), a Doctor of Psychology (DPsych.) (3 years full-time or part-time equivalent), or a Doctor of Philosophy (PhD.) degree (normally 3 years full-time). It is also possible to complete a combined MAppPsych and PhD (see below). Students can apply to the Psychologists Board of WA for registration as a psychologist after completion of all coursework and practicums for the MAppPsych. or DPsych.

programs. Students who wish to work towards full membership of the Australian Psychological Society need to complete either a Master of Applied Psychology or Doctor of Psychology degree. There is a Postgraduate Program Chair who oversees both the Clinical and Occupational streams in the Applied Psychology programs, and a Clinical Programs Convener, Ms Sandy Williams.

The clinical programs integrate academic instruction with practical work and research, emphasising a scientist-practitioner model and a systematic, problem solving approach. The programs have been accredited by the Australian Psychological Society (APS) and approved by the APS College of Clinical Psychologists. The courses are recognised by the professional registration body, the Psychologists Board of WA, as providing postgraduate training that leads to the use of a clinical specialist title after a further two years of supervised, approved practice. The clinical programs are monitored by the Clinical Psychology Liaison Committee, which provides staff from the Clinical stream with employer expectations and needs, and this information informs the ongoing development of the courses. The committee comprises all staff involved in teaching in the Clinical stream and/or clinical supervision, six senior clinical psychologists from key agencies that provide practical placements and employment opportunities for graduates, and student representatives from each year of the postgraduate Clinical streams. The committee usually meets twice a year.

Murdoch's clinical training programs have long been recognised by employers and trainees as providing a thorough professional training for work in a range of health, rehabilitation, and community settings. In particular, graduates have a clear problem identification and solution focus, functional analytical skills, and knowledge of, and practice in, empirically supported interventions. They have a very good employment track record. The strengths of the programs listed by graduates themselves have included: the approachability of staff; the extensive clinical experience of clinical staff; the opportunity to train in a professionally-run, modern Psychology Clinic; early exposure to working with real clients; and the extensive practicum components in clinical settings within the wider community.

REQUIREMENTS FOR ENTRY TO M.APP.PSYCH & D.PSYCH.

Entry to the programs is very competitive and requires at least a IIA Honours degree in Psychology, or its equivalent (e.g. an average Distinction level in a BPsych. or Post Graduate Diploma). Students may apply to transfer to the DPsych. degree at the end of the first year of the MAppPsych. program,. Transfer from the MAppPsych. to the DPsych. is not automatic. Applicants need to have the outline of a research project and the support of a supervisor. They also need to have achieved high grades in completed coursework and to show evidence of a stronger than average background in research, based upon grades in research methods and performance in the research component(s) of previous degrees. Whilst transfer from the MAppPsych. at the end of the first year is the preferred route for entry into the DPsych., it is possible for an applicant who has excelled in their 4-year degree to enter the DPsych. program directly if the selection panel approves this move.

Application forms for the Masters program are available from the Prospective Student Centre at Murdoch University (1300 MURDOCH; postgraduate@murdoch.edu.au or online at <http://choose.murdoch.edu.au/index.html>). Applications for direct entry into the DPsych. are available from the University's Research Office (08 9360 2740; scholars@murdoch.edu.au). Those who already have a Masters degree in Clinical Psychology from a recognised professional training course can apply to upgrade their qualification to a DPsych. and may be given credit for up to 36 points of the total of 72 points, but usually need to complete a practicum unit of 6 points and the thesis component of 36 points. They may be able to complete individually tailored practical units in lieu of some of the standard practicum components, thereby making it easier to complete the degree whilst working. DPsych. applicants are required to submit a synopsis of their research proposal and the name of a supervisor on the staff of the University as part of their application. Overseas applicants should contact the International Office at Murdoch University on internat@murdoch.edu.au. Proficiency in oral and written English is essential in order to manage the demands of the coursework, and the work with clients during practical placements in particular.

Admission to the Clinical programs will be conditional on obtaining a National Police Clearance and at the point that a practicum working with children commences a Working with Children Check through Department for Community Development is required. This costs are approximately \$40.00 for the Police check, and is obtained through your local police station, and \$10.00 for the DCD check. Only serious offences of relevance to clinical practice would be considered cause for concern by the selection panel. In order to be able to complete an external placement in the Health Department, students may be required to provide evidence that they have been vaccinated against a number of infectious diseases.

COMBINING CLINICAL TRAINING WITH PhD

Students interested in both professional and research training should consider applying for the combined MAppPsych/PhD course, which leads to the award of both qualifications. This combined course normally takes four years full-time to complete (or part-time equivalent). The first year of the combined course is offered on a fee-paying basis, but the remaining three years do not attract a fee and students are eligible to apply for scholarship support in the final three years. Prospective students need to apply for entry into both courses, and to indicate on each application form that they are also applying for the other course. Applications are processed separately, meaning that applicants must satisfy the entry requirements for both courses. Applicants successful with only one of their applications are able to enrol in that course only. Students currently in the MAppPsych or in the PhD and who wish to enrol in the combined program need only apply for entry into the program in which they are not currently enrolled. Application forms for the MAppPsych are available from the Prospective Student Centre (08 9360 6538; postgraduate@murdoch.edu.au or online at <http://choose.murdoch.edu.au/postgrad/>) and for the PhD from the Research Office (08 9360 2740; scholars@murdoch.edu.au).

Applications for all clinical programs 2008 close

Friday 19 October 2007.

REGISTRATION WITH THE PSYCHOLOGISTS BOARD OF WA

The most recent information from the Board is that if you have completed the coursework and practicums for the Master of Applied Psychology degree, you can apply for registration as a psychologist. However, you cannot begin working towards your specialist title as a Clinical Psychologist Registrar until the Board has a letter from the Dean of the School of Psychology stating that the degree will be awarded (i.e. your thesis has been passed as well).

If you have completed all the coursework and practicums for the Doctor of Psychology degree, you can apply for registration as a psychologist. You cannot begin working towards the specialist title until the Dean of the School of Psychology has notified the Board that although your thesis has not yet been passed by external markers, the School has deemed that it would pass as a Masters thesis in the event that it did not pass as a DPpsych thesis. This requires the submission of a piece of work of Masters standard to the Dean of School.

Once the Doctor of Psychology degree has been awarded you may apply to the Board for a 6-month reduction in the two year requirement for specialist title supervision on the basis that your thesis was of a clinical nature. You must apply – the Board does not automatically take the 6 months off. Similarly those graduating with both the Masters and PhD qualifications can apply for a 3-month reduction on the same basis.

The Board has details about registration on their homepage under Frequently Asked Questions (www.psychboard.wa.gov.au).

FEES AND AWARDS

Murdoch was recently awarded Commonwealth-funded places for students in clinical psychology. Depending on numbers it may be possible also to offer some places to full fee-paying students. Funded places will be awarded in order of merit. Students with a funded place will be liable for HECS contributions, in the same way as for undergraduate studies, however the debt incurred will be significantly less than a full fee paying place. Fees for full fee paying students for 2008 are set, at this stage, at around \$24,000 for the 2 year Masters program and around \$36,500 for the 3 year Doctor of Psychology. Further information about fees is available at <http://handbook.murdoch.edu.au/study/fees.html>

TUTORSHIPS

Casual tutoring positions are sometimes available in the School of Psychology and can be a form of financial support for trainees in the postgraduate programs. Trainees should register their interest early with Louise Hood, Personal Assistant to the Dean of the School (details below).

SELECTION PROCESS

Applicants should hold a Bachelor of Arts or Bachelor of Science degree with Honours in Psychology, or a Bachelor of Psychology degree, or equivalents, i.e. a 4-year degree majoring in psychology. Those with overseas qualifications should ensure that, should they seek registration within Australia after graduation, their undergraduate qualification meets the requirements of the relevant Psychology Registration Board for equivalence to a 4-year Australian degree in Psychology. They should also check that the Australian qualification will be recognised in their own country, for the purposes of registration if relevant, when they return.

Applicants are assessed initially on the basis of their academic performance, with an emphasis on their performance in third and fourth year psychology units, and the quality of their referees' reports, particularly the academic reference. A short-list of applicants who rank highly on these criteria will be invited to attend an interview with the selection panel comprising members of the teaching staff and an external clinical psychologist. Although strong performance in an Honours program is highly regarded, applicants with other 4-year qualifications majoring in psychology are considered. Interviews usually take place in mid to late November. Telephone interviews can be held for those who might be outside Perth at the time of the interviews, though a face-to-face interview is preferable, and more advantageous for the applicant.

It is important that applicants supply any outstanding grades to the Admissions Office as soon as they are available at the end of the academic year, as long delays could mean missing out on an offer. It is also important that your referees submit their reference by the due date as that can also mean your application is incomplete. *(Please ask your referees to keep a photocopy of the reference form they complete for you in case any go astray in the post.)* Places are usually limited to about 15 per year, and it is expected that telephone offers will be made mid-to-late December. The academic year begins 18 February 2008. The Chair of the Selection Panel is Ms Sandy Williams, Senior Lecturer (see below).

MORE ABOUT THE TEACHING IN THE CLINICAL PROGRAMS

Murdoch has always paid particular attention to quality teaching and is the only Australian university to achieve a 5 star rating in 11 of the 12 past years (*Good Universities Guide*) for graduate satisfaction.

The MAppPsych. program is wholly taught by psychologists and comprises 100% psychology topics. It includes coursework components (45%), practicums (30%) and research (25%). The practical component is given a very strong emphasis in the program. Students complete approximately 1400 hours on practicum-related work (orientation and training, internal clinic placement and 2 x 54-day external placements), with the Psychotherapy in Practice unit involving them in another 90 hours of practicum-related work (case studies, etc).

The DPsych. (Clinical) course is also wholly taught by psychologists and comprises 100% psychology topics. It comprises coursework (25%), practicums (25%) and research (50%) comprising an applied clinical research project. Trainees complete a total of 1650 hours of practicums and at least another 130 hours of case-related seminars. The research component is completed across two years full-time equivalent of the degree.

A full-time load in the first year of the programs requires approximately 10 hours a week for lectures/seminars in teaching weeks, and the equivalent of 2 days for the internal placement from March through November continuously. Part-time enrolment varies depending on the units taken, but when the internal placement is undertaken actual client contact and supervision sessions require about 15 hours on campus each week. Only two units in the program are offered in the evening. There are some constraints on the order in which units can be taken part-time, so advice should be

sought from Sandy Williams, Convener of the Clinical Programs (see contact details below).

All staff members in the clinical programs are either members or eligible for membership of the Clinical College of the APS. In addition, one staff member is a member of the Educational & Developmental College, and one a member of the Institute of Clinical Psychologists. All clinical staff also practise professionally and supervise research projects. Several staff members have strong research profiles and have attracted large grants.

Emphasis is placed on the clinical significance and relevance of research topics chosen by students across the Clinical programs. The Masters research project is written up in the form of a literature review and a report suitable for publication in a journal, while the DPsych. project is submitted as a thesis. Students enrolled in the combined Masters/PhD course must conduct a research project on a topic of clinical relevance in order to satisfy Registration Board requirements.

One of the strengths of the MAppPsych. and DPsych. courses is that our trainees are introduced to clinical work quite early in their training, which means they are applying the knowledge and skills being taught in the coursework units as they go. As well, the courses are very much case-based—coursework and supervision are conducted with an eye to the applied nature of material being covered. Students' confidence is developed under close supervision by staff.

The second year of the Masters program and the second and third year of the DPsych. program involve external placements in the field. Every effort is made to provide students with these external placements but there are sometimes limits imposed by the number of available placements out in the field, a variable beyond the control of the university. This may lead to delays in completion time.

Where possible, flexible enrolment is offered, so that part-time students who work or are parents can complete the degree at a more manageable pace. Students in the programs have reported that staff members are very approachable and supportive, professionally and personally, at a time when some students may experience difficulties balancing their academic and personal lives. Efforts are made to have the

part-time students feel very much a part of the program in which they are enrolled. However, there can be constraints in terms of when part-time students can enrol in the practicum units because of the number of full-time students and the limits on numbers in the Psychology Clinic at any one time. Again every effort is made to provide students with the external placements they need in their programs but there are limits imposed by the number of available placements out in the field, a variable beyond the control of the university.

PROGRAM STRUCTURE

MASTER OF APPLIED PSYCHOLOGY (CLINICAL)

TOTAL – 48 POINTS

The program requires two years of full-time or equivalent part-time study. The course of study for full-time students is:

YEAR 1

Required Units: 24 points*

| CODE | SEMESTER | UNIT TITLE | CREDIT POINTS |
|-----------------------------|----------|---|------------------|
| PSY562 | C | Psychological Assessment Methods | 3 points |
| PSY569 | C | Psychotherapy in Practice | 3 points |
| PSY537 | C | Clinical Psychology: Internal Practicum (Child, Youth & Family) | 3 points |
| PSY538 | C | Clinical Psychology: Internal Practicum (Adult) | 3 points |
| PSY564 | A | Clinical Psychology: Working with children & families | 3 points |
| PSY565 | A | Clinical Psychology: Working with adults | 3 points |
| PSY502 | B | Clinical Psychology: Working with health problems | 3 points |
| PSY567 | B | Clinical Psychology: Developmental disabilities | 3 points |
| PROGRAM TOTAL YEAR 1 | | | 24 POINTS |

YEAR 2

Required Units: 24 points*

| CODE | SEMESTER | UNIT TITLE | CREDIT POINTS |
|-----------------------------|----------|--|------------------|
| PSY500 | C | Applied Psychology Dissertation (Clinical) | 12 points |
| PSY504 | C | Clinical Psychology: External Practicum | 12 points |
| PROGRAM TOTAL YEAR 2 | | | 24 POINTS |

C = all year
A = Semester 1
B = Semester 2

DOCTOR OF PSYCHOLOGY (CLINICAL)

TOTAL – 72 POINTS

The Doctor of Psychology (DPsych.) is an intensive 3-year (or part-time equivalent) professional degree course consisting of seminars, supervised practical work and applied research. The first year of study is the same as Year 1 of the MAppPsych. Program (24 points)

YEAR 2 (24 points)

| CODE | SEMESTER | UNIT TITLE | CREDIT POINTS |
|-----------------------------|----------|--|------------------|
| PSY700 | C | Doctor of Psychology Thesis) | 18 points |
| PSY703 | C | Doctor of Psychology (Clinical): Practicum I | 6 points |
| PROGRAM TOTAL YEAR 2 | | | 24 POINTS |

YEAR 3 (24 points)

| CODE | SEMESTER | UNIT TITLE | CREDIT POINTS |
|-----------------------------|----------|--|------------------|
| PSY700 | C | Doctor of Psychology Thesis | 18 points |
| PSY704 | C | Doctor of Psychology (Clinical):Practicum II | 6 points |
| PROGRAM TOTAL YEAR 3 | | | 24 POINTS |

C = all year
A = Semester 1
B = Semester 2

COMBINED MASTERS/PHD PROGRAM

The first year of the program is identical to the Masters program. The final practicum component (comprising 2 x 54 day placements) is completed across the remaining three years of candidature.

CLINICAL TEACHING STAFF

Dr. Simon Davies *BSc.(Hons), MPsych (Clinical), PhD*

Rm. 3.009A ; ph 9360 2810; simon.davies@murdoch.edu.au

Simon is new to the School (Feb. 2007), having moved from his full-time position as a clinical psychologist in the Neurosciences Unit, Department of Health, WA where his primary responsibility was to perform specialised clinical psychological assessments (to appraise emotional, behavioral, social and personality functioning) and cognitive psychological assessments (to appraise cognitive functioning, ability levels, and adaptive functioning) on children and adolescents aged 5- to 17-years with known or suspected conditions or disorders affecting the brain (e.g. epilepsy, tumours, IVH, extremely low birth weight). He maintains a part-time consultant position with the Neurosciences Unit which includes overseeing the research program that continually assesses the cognitive, social and emotional development of approximately the 200 children referred to the Unit each year. As a therapist, he is grounded in cognitive-behavioural theory and technique. His research interests are primarily in cognitive developmental neuropsychology. In particular, Simon is interested in individual differences in general intelligence (*g*) and the development of *g* and how data on children with acquired and developmental impairments in cognition bear on current theories and models of *g*. He is also interested in evidence-based assessment and how the diagnostic utility of psychological assessments can be improved for certain developmental disorders.

Selected publications:

Bonney, K., Almeida, O.P., Flicker, L., Davies, S.R., Clarnette, R., & Lautenschlager, N.T. (2006). Inspection time in non-demented older adults with subjective and objective cognitive impairment. *Neuropsychologia*, 44, 1452-1456.

Assoc. Prof. Peter Drummond *B.Sc.(Hons.), Ph.D.*

Room 1.020; ph: 9360 2415; *P.Drummond@murdoch.edu.au*

Peter Drummond is a clinical psychologist and Professor of Psychology at Murdoch University, where he has worked since 1987. Peter lectures on Health Psychology in the postgraduate clinical psychology program, supervises trainees in the clinical stream in their first year placement at the Murdoch Psychology Clinic, supervises Clinical Masters and D.Psych. theses, and lectures on the biological bases of behaviour in the undergraduate psychology program. He is involved in the evaluation of patients with chronic pain, and is consulted widely on other psychophysiological disorders.

Before coming to Murdoch University, Peter worked for seven years in a research position in the Neurology Department of the Prince Henry Hospital in Sydney. His role was to investigate mechanisms that might contribute to headache and various other neurological disorders. He also worked for one year at Concord Repatriation Hospital in Sydney as the coordinator of a project on dementia.

Peter has collaborated closely with neurologists and pain specialists to investigate headache mechanisms, and more recently to explore the physiological basis of chronic pain beginning after nerve and tissue injury. His research interests cover a broad range of topics relevant to clinical and health psychology. He has published over 100 articles, book chapters and editorial commentaries on topics including the psychophysiology and treatment of anger, social anxiety and blushing, the mechanism of migraine and related headaches, psychological treatment for colds and flu, and the psychophysiology of pain. He was a keynote speaker at the 15th Migraine Trust International Symposium in London, and was also a keynote speaker at the Cardiff Symposium on Complex Regional Pain Syndrome organised by the International Association for the Study of Pain. At present, his research focuses on clarifying the mechanism of interaction between the sensory and sympathetic nervous systems in disorders such as complex regional pain syndrome and migraine. His research has been supported by grants from the National Health and Medical Research Council of Australia, the Australian Research Council, the Australian Brain Foundation, the U.K

Migraine Trust, Medtronics Australasia and MEDWA, and is currently supported by the National Health and Medical Research Council of Australia, the Health Department of WA, and Healthways.

Selected Publications:

Drummond PD, Finch PM. Sensory changes in the forehead of patients with complex regional pain syndrome. *Pain* 2006;123:83-89.

Della-Posta C, Drummond PD. Cognitive behavioural therapy increases re-employment of job-seeking worker's compensation clients. *Journal of Occupational Rehabilitation* 2006;16:223-230.

Drummond PD, Back K, Harrison J, Helgadottir FD, Lange B, Lee C, Leavy K, Novatscou C, Orner A, Pham H, Prance J, Radford D, Wheatley L. Blushing during social interactions in people with a fear of blushing. *Behaviour Research and Therapy* 2007;45:1601-1608.

Dr Kristy Johnstone B.Sc. (Hons.), M.Clinical Psych.

Room 1.018; ph: 9360 2290; K.Johnstone@murdoch.edu.au

Kristy Johnstone has been a lecturer at Murdoch since the beginning of 2005. She lectures in undergraduate abnormal psychology and in the postgraduate clinical masters course, supervises research projects on a range of clinical topics, and supervises postgraduate clinical trainees working with children and adolescents. She also works as a clinical psychologist for the Health Department where she works in child and adolescent mental health. Kristy's PhD research focused on the treatment mechanisms underlying anxiety reduction. Kristy is also conducting research on the etiology and prevention of eating disorders, and on the role of parenting and attachment in child psychopathology.

Selected Publications:

Johnstone, K. A., (2001). Living with the enemy. *New Scientist*, 2006, 52

Johnstone, K. A., & Page, A.C. (2004). Attention to phobic stimuli during exposure: the effect of distraction on anxiety reduction, self-efficacy and perceived control. *Behaviour Research and Therapy*, 42, 249-275

Johnstone, K. A. & Page, A. C. (2006). *The effect of distraction on fear reduction: how working memory load and level of fear interact*. Manuscript in preparation.

Body Dissatisfaction, Perfectionism, Self-Esteem and Perceived Control as Predictors of Eating Disordered Behaviour: An Interactive Model. Manuscript submitted for publication.

**Assoc. Prof. David Leach B.A (Hons.), Cert.Ed., M.Ed. Psych.,
F.A.Ps.S., F.B.Ps.S.**

Room 2.039; ph: 9360 2703; D.Leach@murdoch.edu.au

David Leach coordinates the Developmental Disabilities unit and supervises trainees in the Murdoch Psychology Clinic for the clinical stream of the MAppPsych. and DPsych. programs. He has taught primarily at the postgraduate level since taking up his appointment at Murdoch University in 1979, following 8 years as an area educational psychologist and 3 years as a university lecturer at Birmingham University in England.

David has published more than 50 chapters, research papers and articles, and is senior author of the book *Learning and Behaviour Difficulties in School*. He is actively involved in applied research and has particular interests in developmental disabilities, applied behaviour analysis, child learning and behaviour, and parenting skills. David also teaches in the undergraduate program in the area of applied behaviour analysis with children. He has supervised more than 80 Masters and Doctoral theses and has edited or sub-edited journals including *The Australian Educational and Developmental Psychologist* and *Australian Psychologist*. Currently he is on the Editorial/Reviewer lists of *Behaviour Change* and *Educational Psychology*. David has presented research papers at conferences worldwide and has been a consultant to individuals, groups and associations throughout Australia, US, UK and Asia in his well-known capacity as an expert on autism spectrum disorders. He is currently a member of the Education Department of WA's Autism Management Committee, is a registered educational and clinical psychologist and is a Fellow of the British and Australian Psychological Societies.

Selected Publications:

Leach, D.J. and Brewer, D. F. (2004) The assessment and diagnosis of ADHD, Chapter in R.F. Waugh (Ed) *The frontier of educational psychology*, NY: Nova Science.
Leach, D.J., Coyle, C.A. & Cole, P.G. (2003). Fluency in the classroom, Chapter In R.F. Waugh (Ed.) *On the forefront of educational psychology*. NY: Nova Science.
Leach, D.J. & Conto, H. (1999). The additional effects of process and outcome feedback following brief in-service teacher training. *Educational Psychology*, 19(4), 441-462.

Dr Christopher Lee B.Sc. (Hons.), M.Sc., (PhD)

Room 2.028; ph: 9360 6828; chris.lee@murdoch.edu.au

Chris was Senior Clinical Psychologist at Sir Charles Gairdner Hospital for 11 years and has had a full time private practice for 6 years. He has had extensive training from leading figures in REBT, DBT, and Schema Focused Therapy, and is a Certified Trainer in EMDR, approved by the EMDR International Association. He conducts the APS supervision workshop for supervisors and the APS training in advanced applications of cognitive therapy. He conducts therapist training workshops throughout Australia and overseas on treating Personality Disorders and Post Traumatic Stress Disorders. Chris continues to work as a consultant for the Health Department on treatment programs for personality disorders. He teaches and supervises in the adult clinical areas in the postgraduate clinical program. Chris's research interests are in recovery from trauma, schema focused therapies, and personality disorders.

Selected Publications:

Lee, C. W., Taylor, G., & Drummond, P. (2006). The active ingredient in EMDR; is it traditional exposure or dual focus of attention? *Clinical Psychology & Psychotherapy*, 13, 97-107

Lee, C. W., Taylor, G. and Dunn, J. (1999). *Factor structure of the Schema Questionnaire in a large clinical sample*. *Cognitive Therapy and Research*, 23(4), 441-451

Ms Sandy Williams B.A., Dip.Ed., Grad.Dip.Psych., M.App.Psych., M.A.Ps.S.

Room 1.016; ph.: 9360 2386; S.Williams@murdoch.edu.au

Sandy is a senior lecturer and clinical psychologist. She coordinates the orientation and training program for new trainees in the Clinical programs, the day-to-day running of the Murdoch Psychology Clinic and all the external Clinical placements. She shares the teaching of the Clinical Psychology: Health unit with Assoc. Prof. Peter Drummond, and does some guest lecturing in the Veterinary School in the areas of responding to grief experienced by owners of companion animals, and stress management for

veterinarians. Sandy has extensive experience in working with alcohol and other drug problems. She is currently on the WA committee of the Clinical College of the Australian Psychological Society.

Whilst her primary orientation in her clinical work is cognitive-behavioural, Sandy has undertaken training in, and draws on, a wide range of psychological approaches, including Gestalt psychology, Transactional Analysis, Psychodrama, Shapiro's Eye Movement Desensitisation Reprocessing, Marsha Linehan's Dialectical Behaviour Therapy, Young's Schema-Focused Cognitive Therapy, family systems approaches, Hendrix's Imago Therapy, Ellis's Rational Emotive Therapy, Johnson and Greenberg's Emotionally Focused Couples Therapy, Gottman's marital therapy, J. Mark Williams et al's mindfulness training, Hayes et al's Acceptance and Commitment Therapy, and Nancy McWilliams' psychoanalytical approaches to psychodiagnostics and psychotherapy. She maintains a small private clinical practice.

Selected publications

Williams, S., Arnold, P. & Mills, J. (2005) Coping with stress: A survey of Murdoch University veterinary students. *J.Vet.Med.Educ.*, 32, 2, Summer, 201-212

Lim, L., Nathan, P., O'Brien-Malone, A & Williams, S. (2004) A qualitative approach to identifying psychosocial issues faced by bipolar patients. *J. Nerv. Ment.Dis.*, 192, 12 Dec.

Williams, S. & Mills, J.N., Understanding and responding to grief in companion animal practice. *Aust. Vet. Practit.* Vol 30, (2), 2000

SESSIONAL SUPERVISORS

At times, Clinical Psychologists from the field are employed to carry out supervision of students in the Clinic practicum on a sessional basis. Recent supervisors are:

Lucius Arco *BPsych(WAust), MPsych(Flin), PhD(Murd), MAPS*

Dr Lu Arco is a clinical psychologist with more than 25 years experience in assessing and treating behavioural and emotional disorders associated with cognitive, developmental, and psychiatric disorders in adults and children. He works as a private consultant and lecturer in clinical psychology, specializing in functional analytic behaviour therapy. Prior to consulting and lecturing, Lu was a senior clinical psychologist with the W. A. Disability Services Commission. He is a keen researcher of clinical interventions, and has published in international scientific journals.

Fields of Interest and Experience

- Brain injury neurobehavioural rehabilitation
- Depression
- Developmental disorders
- Family interventions for children with neurological/developmental and conduct disorders
- Carer/parent coaching and support
- Research methods in clinical psychology

Helen Gavriel *BPsych (UWA), MPsych (Curtin)*

Helen has been a registered psychologist for over 25 years. She began work as a psychologist in Darwin, Northern Territory spending 5 years with the then Commonwealth Employment Service (CES) working with unemployed adults and youth, including people with disabilities. She then joined the Health Department and worked in the the outpatient clinic and community psychiatry services of Darwin Hospital with adults, children and families and was a member of the child and adolescent team. She also provided lectures and workshops to hospital staff (nurses

and midwives) and to the local community. Following that she worked for two years as a Welfare psychologist providing assessments to the courts and treating children and their families who had experienced abuse or neglect. This work took her to Alice Springs, Katherine, Nhulunbuy and Tennant Creek and part of her job was to assist in the training of Child Protection Officers.

Returning to Perth to do her Masters degree, Helen began working for the Department of Defence (Navy). She was based at Garden Island for 7 years and most of her work was assessing and treating Navy personnel for a wide range of problems -adjustment and personal issues, depression, anxiety, relationship and marital problems, work stress, and post traumatic stress disorder. She also became the co-ordinator for critical incident stress management (CISM) for the West Australian Fleet and provided training and psychological debriefing to Defence personnel who had experienced a traumatic event. She left the public service in 1998 and for two years provided psychological assessments and some counselling at Health Services Australia. In the last 6 years Helen has been working as a clinical psychologist for an oil and gas company, providing an in-house clinical service for all employees and their families, including children. She also see adults, adolescents and children privately at a group practice in Bullcreek.

Helen has been trained in the use of EMDR , cognitive behaviour therapy and family therapy and has attended a number of workshops on Acceptance and Commitment Therapy (ACT), anxiety in children and adults, and dealing with trauma. Her special interests include anxiety and depression in children, adolescents and adults, dealing with trauma and abuse, and parenting issues.

Stephanie Morrigan *B.A. (Hons), M.App.Psych., M.A.Ps.S.*

Stephanie Morrigan is a registered Clinical Psychologist with over 20 years experience. Prior to becoming a Clinical Psychologist, Stephanie was a registered nurse with post-graduate qualifications in the area of coronary care. Her experience as a Clinical Psychologist has been shared between child/adolescent, adult and organizational roles. She has worked a large proportion of this time in the State Public Service with 8 years in the Child Psychiatric Services and 5 years in the Adult Psychiatric Services of

WA. She has also been employed as the Clinical Coordinator at both the Sexual Assault Referral Centre and the Grief Support Service within Hospice and Palliative Care. Stephanie also worked for 3 years with the Commonwealth Public Service as the corporate health consultant for the Australian Customs Service. She has additional qualifications in Family Therapy, Clinical Hypnotherapy and EMDR and has lectured in a sessional capacity at the University of Notre Dame, Fremantle. She had a private practice in Fremantle but recently moved to Albany. In her supervision, Stephanie draws upon her extensive clinical experience to assist the student in their management of cases. She has particular interest in the area of depression and has played a central role in the development of a group program for women experiencing depression at the Alma St Centre.

Tony Schneider *BA(Hons), MAppPsych*

Tony is a registered Clinical and Educational Psychologist with over 23 years experience in the field, working with children, adolescents, and adults. After graduating from UWA, Tony worked for a year in the School of Education, Murdoch, as a research assistant. He then worked as a full-time tutor in psychology while he completed his Masters degree, and published a couple papers. A three year federally funded project followed, where Tony was working as Special Needs Coordinator/Child Psychologist with child care centers in Balga and Girrawheen. After this, Tony worked for some three years as a Guidance Consultant with the Non Government Guidance Service. He has been in full time private practice since then, working from his West Perth rooms for some 18 years. During this time, he has also worked with Davidson and Trahair as trauma counselor and EAP counselor, with Cambridge Pain Management as Clinical Psychologist consultant, and School Psychologist/Consultant for Mater Christi Catholic Primary School. He has supervised Masters students from both Murdoch and Curtin Universities over a number of years. He has served as Chairman on the APS Board of Educational and Developmental Psychologists, as committee member of APS DIPP, as a member of the WA Government Task Force on Families, and various other boards and committees of agencies in the private sector. As his background indicates, he has had a broad range of interests and experience, commensurate with full time generalist private practice.

Sally Thomas BA(Hons), MSc, MPsych

Sally began her professional career as registered nurse and worked in England and WA before studying psychology. She graduated with a BA (Hons) in 1985 and worked in non government agencies offering personal growth groups such as assertion training, support for relative and friends of the mentally ill and support and crisis intervention groups. She began her career in the addictions field in 1986 and has worked as a researcher, educator and clinician in this field since then. She has undertaken addiction research on a state, national and international level.

Sally completed her MPsych in 1998 and held the position of senior clinical psychologist in Next Step Drug and Alcohol Services before moving into private practice in 2006. She has extensive experience in working with dual diagnosis and has trained in many treatment modalities including family therapy.

As well as having skills in assisting clients with mental health issues, Sally brings to her supervision practice an understanding of the developmental process of supervisees and of the importance of developing a therapeutic relationship with clients.

RECENT HONORARY CLINICAL ASSOCIATE SUPERVISORS

We are grateful to the following field supervisors for having supervised Murdoch trainees during the last few years.

| | | |
|-------------------|------------------------|-------------|
| Zia Ardeshir | Tsin Koh | Paul Wilson |
| Andrew Adlem | Sarah Landy | |
| Maree Brice–Pozzi | Senia Malmgren | |
| Charlotte Bowyer | Jocelyn Manning | |
| Darin Cairns | Craig McIvor | |
| Shannon Clarke | Megan Meadows | |
| Alex Cooke | David Merryweather | |
| Bill Douglas | Paula Nathan | |
| Matt Dunsire | Craig Nicholls | |
| Giuliette Ferrari | Jillian Pearsall-Jones | |
| Denise Follett | Minette Preece | |
| Rosey French | Michelle Reid | |
| John Gardiner | Sandra Robertson | |
| Carl Graham | Jamie Robson | |
| Debbie Grant | Eva Rosada | |
| Fiona Greatorex | Trevor Rule | |
| Pip Griffiths | Mary Scott | |
| Derek Hailes- | Lauren Shiels | |
| MacDonald | Barbara Skesteris | |
| Lara Harmsworth | Jane Spry | |
| Mitch Hart | Teresa Stevenson | |
| Trish Hart | Ian Sweetman | |
| Paul Jeffrey | Sally Thomas | |
| Margaret Jones | Susan Thorman | |
| Tony Jonikis | Paula Watt | |
| Joan Klinger | Fawzia Wilson | |

SUPPORT STAFF

Louise Hood –Personal Assistant to the Dean, School of Psychology

Room 1.025; ph.: 9360 2186; *L.Hood@murdoch.edu.au*

Louise is the personal assistant to the Dean, Dr Max Sully, and an administrative contact for the Psychology Clinic Office Coordinator is not available. She is available for general School queries, appointments with the Dean and general information about contacting staff members of the School.

Bee Lay Addis – Administrative Officer, School of Psychology

Room 1.027; ph.: 9360 2842; *B.Addis@murdoch.edu.au*

Bee Lay is the Administrative Officer for the School. She is a mine of information about any enrolment queries (e.g., how to enrol, how to change enrolment, dates and deadlines, etc.) and all those important details about the formal requirements of the program of study.

Cheryl Rose – Office Coordinator, Murdoch Psychology Clinic

Room 1.030; ph.: 9360 2570; *C.Rose@murdoch.edu.au*

The Murdoch Psychology Clinic is a vital resource in the clinical program. All clinical trainees complete a mandatory placement in the Clinic. The Clinic Office Coordinator manages the day-to-day running of the Clinic and is the first point of contact for clients ringing into the Clinic. She is responsible for making client appointments, maintains confidential client material, informs students of their client matters, and liaises between clinical staff and students. Cheryl handles client payments and organises Clinical training events and meetings. She promotes a calm atmosphere in the Clinic, which is a very busy facility, making life a bit easier for trainees and clients alike.

Jenny Edmonds – Administrative Assistant

Room 1.022; ph: 9360 2537; J.Edmonds@murdoch.edu.au

One of Jen's many tasks is postgraduate administration. Among her duties in this role include the allocation of rooms and resources to research students, collation of research milestones, and the maintenance of research students' funds and conference travel. So as you move through the research section of your course you will come to know Jenny fairly well!

Test Library Assistants

Murdoch Psychology Clinic

Room 1.029; 9360 2352; PsychTestLibrary@murdoch.edu.au

Mei'En Lim and Elizabeth Forrester are currently the School's Test Library Assistants. They are postgraduate clinical trainees and will be very helpful guides for those using the Test Library. The times they are on duty - which is when items can be borrowed from the Test Library will be advertised in the Clinic and on the School's web site (<http://www.psychology.murdoch.edu.au/>) or their voice message.

Technicians

Rooms 2.048 and 2.044A; ph.: 9360 2615; psychtechs@lists.murdoch.edu.au

David Nicholson, Francis Lee and Man Trac are based in the School and provide technical support to all staff and trainees in the School. They are extremely helpful in terms of any equipment problems in the Clinic, advice on computing and research materials.

IT support is handled centrally via an IT Service desk on ext 6999 and 2000, and an enquiry desk is located inside the library entrance.

UNIT DESCRIPTIONS

PSY562 PSYCHOLOGICAL ASSESSMENT METHODS

Coordinator: Dr Simon Davies

Prerequisites: Admission to MAppPsych./DPsych. program

Unit Requirements: 3 hours per fortnight across the year

Credit Points: 3 points

This Unit covers the major principles, issues, and applications that apply to psychological assessment in general. In the context of evidence-based practice in psychology (EBPP), the aim of the Unit is to increase competency with the assessment task. Much attention will be given to the conceptual and methodological issues of psychological assessment (e.g. the role of theory, clinical utility) and other broad and narrow issues (e.g. judgment & decision-making, case formulation, ethics). The science behind psychological testing – psychometrics – will feature prominently. There is also a large practical component to the Unit that focuses on developing expertise in psychological testing. The Unit demands a high degree of student application.

PSY564 CLINICAL PSYCHOLOGY: WORKING WITH CHILDREN & FAMILIES

Coordinator: Ms Kristy Johnstone

Prerequisites: Admission to MAppPsych./DPsych. program (Clinical specialisation) or permission from the Unit Coordinator

Unit Requirements: 3 hours per week Semester 1

Credit Points: 3 points

This unit includes critical examination of the theories and interventions applicable to psychological problems of childhood and adolescence. Students will gain knowledge and skills in conducting diagnoses of, and applying interventions to, a broad range of child and adolescent presentations including anxiety, depression, anger problems, elimination disorders, conduct and behaviour problems, and suicidality and self-harm. Cognitive, behavioural, and systemic interventions will be examined, and principles from attachment and developmental theory will be incorporated. Professional and ethical issues specific to child and adolescent populations will also be examined throughout the unit.

Students will attend weekly 3-hour seminars which will involve lectures, student case presentations, and skill-based practical activities. The unit will have a strong focus on the practical application of knowledge and enhancement of students' clinical skills in working with children, adolescents and their families. The assessments will include a case presentation, a clinical role-play based on a provided case study, and a written exam based on a provided clinical vignette.

PSY565 CLINICAL PSYCHOLOGY: WORKING WITH ADULTS

Coordinator: Dr Christopher Lee

Prerequisites: Admission to MAppPsych./DPsych. program (Clinical specialisation) or permission from Unit Coordinator

Unit Requirements: 3 hours per week Semester 1

Credit Points: 3 points

The purpose of this unit is to prepare students for practice in adult clinical psychology by providing a conceptual framework for understanding psychopathology. In addition to teaching this broad conceptual framework, commonly encountered specific disorders will be discussed with an emphasis on developing an understanding of the phenomena from psychological research, and considering treatments that are currently considered evidence based practice. The assessments include an essay, oral presentation, and an exam.

PSY567 CLINICAL PSYCHOLOGY: DEVELOPMENTAL DISABILITIES

Coordinator: Assoc. Prof. David Leach

Prerequisites: Entry into MAppPsych./DPsych.(Clinical specialisation) program

Unit requirements: 3 hours per week Semester 2

Credit Points: 3 points

This unit examines research-based methods required for effective, accountable professional clinical work with clients who have developmental disabilities. It draws heavily on applied behaviour analysis and focuses on clients' functional skills and behavioural competencies required for independence in inclusive living environments. The emphasis is on non-discriminatory and inclusive service delivery models. Home/centre/school consultation and parent and teacher training skills are also stressed. Topics include ABA principles, concepts, strategies and techniques employed in assessment, planning, conduct and evaluation of learning and behaviour

programs starting with pre-school interventions. The unit's aim is to enable trainees to function as collaborative problem-solvers and effective consultants/trainers with parents and other professionals. Assessment is by oral seminar presentations, essays and written examination.

**PSY537 CLINICAL PSYCHOLOGY: INTERNAL PRACTICUM (CHILD, YOUTH & FAMILY)
&
PSY538 CLINICAL PSYCHOLOGY: INTERNAL PRACTICUM (ADULT)**

Coordinator: Ms. Sandy Williams

Prerequisites: Admission to MAppPsych./DPsych. program.

Unit requirements: Students work the equivalent of a total of one day per week for each practicum unit throughout the academic year in the Murdoch Psychology Clinic. Students must be enrolled concurrently in both units as well as PSY569 Psychotherapy in Practice. Credit points: 3 points each.

Students in the internal practicums in the Murdoch Psychology Clinic carry a caseload of 4 clients at any one time. From about Week 7 into the units, they see children, youth and families from the community who present with a range of psychological problems, including behavioural and learning difficulties, and adults with problems including depression, anxiety, stress, relationship difficulties and bereavement issues. Clients are either self-referred or referred by general practitioners, other health professionals and school personnel. Students are closely supervised by staff with qualifications in Clinical and Educational Psychology. Assessment includes evaluations completed by individual supervisors, a practicum diary and written case formulations.

PSY569 PSYCHOTHERAPY IN PRACTICE

Coordinator: Ms Sandy Williams

Prerequisites: Admission to MAppPsych./DPsych (Clinical specialisation) program

Co-requisites: Enrolment in PSY537 & PSY538 Clinical Psychology: Internal Practicums (Child, Youth & Family; and Adult)

Unit Requirements: 2 hours per week across the year

Credit Points: 3 points.

This unit focuses on professional, practical and methodological issues related to the practice of psychology. It includes: training in interviewing and general counselling skills; ethical and legal issues; record keeping; report writing and accountability; oral and written case formulation; presentation skills; consultation skills; and systematic decision-making. The unit is completed concurrently with PSYS537 & PSY538 Clinical Psychology: Internal Practicums (Child, Youth & Family; and Adult). It aims to develop many different aspects of trainees' professional conduct and role as practitioners. This complements the development of specific knowledge and skills in the units addressing adult, child and disability problems, and psychological measurement.

Students attend a weekly 2-hour evening seminar, which combines lectures and student case presentations. Students from all the placements units in the Clinical programs – first, second and third year – attend the same weekly seminars in Semester 2. Student feedback indicates that these seminars, as well as providing a wealth of information about clinical casework, offer an enjoyable, regular meeting point, as well as an opportunity to witness the progress of their peers through the program. Assessment in this unit includes: a bibliography on a clinical topic; a written examination; and an oral case presentation.

PSY502 CLINICAL PSYCHOLOGY: WORKING WITH HEALTH PROBLEMS

Coordinator: Prof. Peter Drummond

Prerequisites: Admission to MAppPsych/DPsych. (Clinical specialisation) program

Unit Requirements: 3 hours per week Semester 2

Credit Points: 3 points

This unit aims to introduce students to the link between psychological stress and illness. Peter's lectures focus on the role of stress in the development of infectious diseases, cancer, hypertension and other forms of cardiovascular disease, headaches and chronic pain. They also review the effectiveness of psychological strategies and lifestyle changes for managing these problems. To directly address some of the practical issues, the sessions are supplemented at times by guest lectures from clinical psychologists who work in medical settings. The topics covered by guest lecturers vary from year to year, but have included:

HIV and AIDS

- Eating disorders
- Treatment of chronic pain
- Management of rheumatoid arthritis
- Breast cancer

Several lectures also focus on understanding and treating problematic drug and alcohol use and misuse. Another staff member, Sandy Williams, who has worked in this field for many years, presents these sessions. She also presents a session on sleep disorders.

Assessment consists of: an examination of topics covered in lectures, and short reviews, presentations and clinical summaries of recent literature on topics covered in lectures. The Murdoch University library and Psychology Clinic library are well stocked with up-to-date books on a wide range of health psychology topics.

PSY504 CLINICAL PSYCHOLOGY: EXTERNAL PRACTICUM
PSY703 DOCTOR OF PSYCHOLOGY (CLINICAL): PRACTICUM I
PSY704 DOCTOR OF PSYCHOLOGY (CLINICAL): PRACTICUM II

Coordinator: Ms Sandy Williams

Prerequisites: Entry into MAppPsych./DPsych. (Clinical specialisation) program

Unit requirements: At least two placements (total 108 days) in the Masters Program and three placements (total 144 days) in the DPsych. program, plus seminar and workshop attendance across the year.

Credit points: 12 points for PSYS504; 6 points each for PSYS703 & PSYS704

Practical placements provide students with an opportunity to apply the knowledge and skills developed through their coursework and research. Students are required to complete two external placements if they are in the Masters program, and three if they are in the DPsych. program. The placements are completed in agencies and organisations that offer supervision by Clinical Psychologists, including teaching hospitals, mental health clinics, disability settings, and child development centres. A plan is developed between the Placement Coordinator and the student to ensure s/he obtains experience across their program of study in working with child/youth, disability and adult problems. This is a requirement of the APS and the Psychologists Board of WA.

Placements normally involve spending 2-3 days per week until the required number of days is completed. Under some circumstances a student may complete one of their external placements in their place of employment, providing specific objectives are set to expand their clinical knowledge and experience. Placements are usually completed in semester time, but occasionally summer placements or block placements are available, which can be more suitable for some part-time students. Students also attend a weekly 2-hour seminar on professional practice issues in Semester 2, and occasional workshops throughout their practical components. These are scheduled at times each year which get negotiated according to the availability of guest presenters or clinical staff offering extra events. They are often held in non-teaching weeks to allow coverage of topics not able to be covered in the core units. Attendance is

mandatory for DPsych students as this is the way we provide advanced tuition across the year without requiring regular weekly attendance at seminars. (If students attended these events outside the university as professional development activities the registration fees would be considerable).

The assessment in these units includes: an evaluation by each of the external supervisors; a placement diary and summary report on each placement; written case formulations, and an oral case presentation. (The placement coordinator marks the latter three components.)

PSY500 APPLIED PSYCHOLOGY DISSERTATION

Coordinator: Assoc. Prof. David Leach

Prerequisites: Admission to MAppPsych./DPsych. program. Completion of MAppPsych./DPsych. Year 1 required units or equivalent

Unit requirements: 12 hours per week (guideline only)

Credit points: 12 points

This unit consists of a substantial investigation of some aspect of applied psychology in a clinical area, which should be of a standard that is suitable for publication in a professional psychological journal. The choice of topic is limited only by practical considerations such as the availability of time, access to participants and an appropriate supervisor.

Examples of projects undertaken by some recent Masters graduates include:

- *Chinese people's perception of mental health and the utilization of mental health services.*
- *Anger expression and cardiovascular reactivity: A cross-cultural comparison.*
- *The treatment of selective mutism and the efficacy of videotape self-modelling.*
- *The effect of hypoglycaemia induced by an overnight fast on the symptomatic response to hyperventilation in non-clinical subjects.*
- *Cognitive rehabilitation of attentional defects after brain damage.*
- *The Social Problem-Solving Scale: Development of a reliable and valid measure of adolescents' competencies in dealing with interpersonal problems.*

PSY700 DOCTOR OF PSYCHOLOGY THESIS

Coordinators: Assoc. Prof. Peter Drummond and Dr Suzanne Dziurawiec

Prerequisites: Admission to DPsych. Program. Completion of MAppPsych./DPsych.

Year 1 required units or equivalent

Unit requirement: 12 hours per week (guideline only)

An innovative and systematic quantitative investigation of an applied psychological problem, conducted usually in an applied setting, is required. Each student will have a thesis supervisor appointed from the University academic staff in Psychology. Supervisors may be chosen from staff other than those involved in clinical teaching and supervision. Joint supervisory arrangements are possible with qualified practitioners or academics outside the University. The thesis must be presented for examination in accordance with University requirements for MPhil. and PhD. theses. It will be assessed by two examiners, at least one of which must be external.

Some recent examples of research topics chosen by DPsych. students are:

- *A cognitive-behavioural approach to preventing anxiety and fear during magnetic resonance imaging examinations, and an investigation into attention biases in anxiety.*
- *The effect of enculturation on the phenomenological concept of depression.*
- *Increasing on-task behaviour and reducing behaviour problems in disruptive secondary school students using videotape self-modelling.*
- *Rapid induction analgesia for the alleviation of procedural pain during burn care.*
- *Evaluation of community treatments for post-partum depression.*
- *The effect of psychological treatment and exercise on colds and flu, salivary immunoglobulin A and stress.*
- *Reducing preoperative anxiety in patients of different ethnic origin undergoing open heart surgery at the National Heart Institute, Kuala Lumpur, Malaysia.*

ON-SITE FACILITIES FOR CLINICAL TRAINEES IN THE SCHOOL OF PSYCHOLOGY

The Murdoch Psychology Clinic

The Murdoch Psychology Clinic is a modern, very pleasant professional suite of consulting rooms and resource areas and is the core training facility for students in the clinical programs. It provides a low-cost clinical psychological service to the community, with clients being self-referred, or referrals being made by psychologists, general and specialist medical practitioners, other allied health professionals, school psychologists and principals. Assessment and treatment are offered at the Clinic in the following categories:

- ◆ behavioural, adjustment, developmental and learning problems in children and adolescents
- ◆ headache and pain management
- ◆ psychophysiological disorders such as hypertension
- ◆ anxiety, depression and stress-related disorders
- ◆ bereavement and grief issues
- ◆ relationship problems
- ◆ social skills and communication problems.

The service is provided by the clinical trainees in the first year of the programs under the close supervision of clinical staff. The Clinic is open to clients from end of March to the end of November each year. The normal operating hours are 9.00 a.m. to 5.00 p.m., Monday to Friday. Currently, clients are charged \$20.00 per visit, or \$10.00 they are on benefits.

The facilities include:

- a reception area downstairs where the Office Coordinator is located
- 3 large consulting rooms (one downstairs and two upstairs), each equipped with comfortable chairs, a wall clock, whiteboard, video recording facilities and a telephone. In addition, one consulting room has a two-way mirror.

- a group room (upstairs), with kitchen facilities, which will accommodate groups of up to 12. This facility allows the development and implementation of group programs for clinical problems such as social skills, or anxiety and stress management, and may provide trainees with opportunities for training in group work. It is also used in clinical research projects where group treatment is a part of the project.
- a video control room housing all central equipment for video recording in the consulting rooms.
- a resource area in the Clinic that is dedicated to student use for activities such as:
 - preparation of case documents
 - browsing and using resources from the Clinic Resource Collection (see below)
 - contact with peers in their programs
 - provision of coffee/tea making facilities (and a microwave)

The resource area also houses:

- secure cabinets for client files and videos
- computers for student use (and connected to Library and Web)
- facilities for viewing confidential client videos
- forms/protocols for use in the Clinic
- bibliographies on clinical topics, and other key documents such as relevant Acts, & the APS Code of Ethics and Guidelines
- a noticeboard for relevant items
- other resources, including photocopier, fax machine, and technical equipment such as stopwatches, cassette recorders, counters, and calculators.

Students have pigeonholes for personal mail and messages, access to email facilities and can receive assistance with software for research purposes. Shared use of a room with desks and telephone is provided for those trainees who are appointed to work as casual tutors in the School of Psychology.

Students completing the internal practicum are issued with a key to the Clinic so that they have 24 hour access to the Clinic and its resources. This helps them manage their workload across flexible hours, and in quiet times.

Test Library & Clinic Resource Collection

The Murdoch Psychology Clinic offers students a range of resources to support them through their clinical placements and research activities. Whilst the main Murdoch University Library is very well stocked with clinical resources, the Psychology Clinic Library has a large collection of high-demand books, bibliographies, treatment manuals and videos/DVDs relevant to clinical practice available on short term loan so that access is easy for all the students needing the resources for their client work. The Test Library, which is housed separately from the Clinic, holds an extensive range of psychometric resources for clinical and research use. Access to these resources is understandably more limited and needs to be monitored, whilst items from the Resource Collection can be borrowed directly by students in the Clinic.

The School of Psychology is very proud of its clinical programs, the positive feedback it receives from students in the programs, and after they graduate, and of the employment track record of its graduates. We welcome applications from those interested in pursuing a career in clinical psychology.

**If you have any queries about the Clinical programs and entry requirements, please contact:
Ms. Sandy Williams on 9360 2386 or
email: S.Williams@murdoch.edu.au**